

MY **BIG** AUDACIOUS GOAL

Name _____

MY **BIG** AUDACIOUS GOAL IS...

Explain what your goal is and when you want to achieve this.

THE FIVE STEPS TO ACHIEVE MY **BIG** AUDACIOUS GOAL

What are some little things (mini goals or tasks) you can do to help you achieve your goal?

1	
2	
3	
4	
5	

MY GOAL BUDDY IS....

This is the person you shared with today. You will check up on them after TODAY and they you, to see how you goal is going.

Name _____ Contact _____

We will check up on each on the _____